# **BRIDES**

# 9 Ultra Chill Pool + Spa Escapes for Your Oh-So-Cool Bachelorette

By Erin Lindholm

While there are so many fab ways to throw a bachelorette party these days, a pool and spa weekend getaway is a classic bachelorette combo with good reason. Everyone in the bride's tribe will appreciate a little R&R; a more low-key pace means more quality hang time with the bride-to-be; and a gorgeous pool is always a solid choice for a bachelorette ensemble photo-op.

Atlanta, Napa, New Orleans, Vegas, D.C. — the following properties all have a few things in common, including an ultra-chill pool scene, some seriously bachelorette-worthy spa packages or fitness-focused activities, and are in some pretty sweet weekend getaway destinations. Time to let the inspiration flow like a newly uncorked bottle of Champagne...

## Kick Back and Relax in the Big Easy

When it comes to rooftop oases in New Orleans, which is always a popular destination for bachelorettes, it doesn't get much chicer than the rooftop at The Roosevelt New Orleans. Featuring shaded sun loungers, a full-service bar and grill, as well as cabanas or a private terrace for your squad, let's just say that you've got options.

And what could be better than a ladies spa date at The Waldorf Astoria Spa? We love the idea of mani-pedis for everyone, paired with either an express facial or 30-minute massage. The spa team is happy to put together a custom group package, which will include healthy nibbles and some bubbly, natch. As a bonus, when you book as a group, there's a 20% discount off of services.

Day rates for poolside cabanas at The Roosevelt New Orleans range from \$175-\$360, max six guests, and includes chilled bottled water and fresh fruit. Room rates start at \$162/night.

## A Pool + Spa Sanctuary in Napa Valley

For a truly blissful bachelorette retreat in Northern California's wine country, look no further than Solage Calistoga, home to one of Napa's top spas as well as the region's largest pool. Napa Valley Spa Solage is known for its geothermal elements, which include an outdoor co-ed pool, as well as men's and women's heated mineral pools and cool plunge pools. The spa's signature treatment, the Solage Mudslide, includes a mud body mask, a soak in the geothermal pools and time to rest in the spa's relaxing sound chairs, plus use of spa facilities.

The best way to experience the spa's famous amenities with all of your ladies in tow?

Book the Girls Getaway package, which includes a one- or two-night stay; breakfast every morning; a welcome bottle of wine; a complimentary wine tasting; and one Solage Mudslide treatment for each member of your squad.

Rates for the Girls Getaway package are based on the number of guests per room and range from \$590/night (two guests) to \$640/night (four guests). Regular room rates start at \$565/night.



## Italianate Escape in the Heart of Atlanta

If the bride-to-be has always dreamed of a Tuscan getaway, why not save on the airfare and splurge on the stay? The St. Regis Atlanta has all of the feels of an Italianate villa, especially from the vantage point of the Pool Piazza, but the property is centrally located in Atlanta's chic Buckhead neighborhood and is an easy drive from the city's bustling Hartsfield-Jackson Airport.

White-glove amenities include poolside butlers who make the rounds with frozen fruit skewers, iced coconut water and Evian spritzers. (FIY, butler service is a signature amenity of the St. Regis and extends throughout the property.) Order a round of Peach Frosé and rally the squad for a some fun and games on the Grand Terrace. Table tennis, badminton or bocce ball, anyone?

For a spa indulgence, consider booking the Wedding Party Wellness package at Remède Spa, which includes a 60-minute body wrap, 60-minute massage and manipedi for each lady in your squad.

The Wedding Party Wellness package is \$510 per guest, gratuity included; advance booking required. Room rates at the St. Regis Atlanta start at \$350/night.

## Blissful Spa Retreat in Scottsdale, Arizona

Set amid the foothills of the Sonoran Desert, Boulders Resort & Spa is ideally suited to accommodate bachelorette groups of all sizes. Featuring four pools, four restaurants, newly-renovated casitas and villas, a 33,000-square-foot spa, meditation areas and a concierge staff that can book a whole slew of desert adventures (how awesome does a Grand Canyon Air Tour sound?), your bachelorette can be action-packed or totally chilled-out.

A spa day, however, is a must. Book the Sun Suite, which has plenty of comfortable chill spaces, a private jacuzzi, indoor and outdoor showers and massage tables, and a Boulders butler to attend to every detail—care to have the resident astrologer to stop by? The spa menu is organized by desert-inspired journeys—Desert Zen, Global Shaman and Radiant Oasis—and draws on the resort's organic garden and surrounding landscape. Ease into the evening with sunset cocktails and desert panoramas in the Discovery Lounge.

Rates for the spa's Sun Suite start at \$100/hour; group packages are available. Casita room rates start at \$259/night; contact the resort for villa pricing.

# Rooftop Oasis in Downtown Dallas

The Adolphus, a 1912 landmark hotel, emerged from its head-to-toe renovation last year with a posh new look and some seriously sweet additions, including a new rooftop pool and bar and a brand new spa that's partnered with cult indie beauty purveyor Red Flower for its signature treatments.

To enjoy those skyline views, get comfy in the semi-submerged loungers (they sit on a shallow shelf in the pool) and toast the bride-to-be with a round of strawberry-and-champagne popsicles. When needed, retreat to the shade of your cabana for healthy nibbles like grilled pineapple and locally-grown watermelon, frozen grapes, heirloom tomato and burrata toast and edamame hummus—and don't forget to reapply your sunscreen!

The two-night Girlfriends Getaway package includes one express massage, one carboxi express facial and one lavender lymphatic sun cure per guest, plus one cocktail toast on the roof and complimentary use of the Adolphus chauffeured luxury sedan.

Contact the hotel to book. Regular room rates start at \$239/night.

## Pool + Spa Combo, Vegas Style

Bride tribes who have their sights set on Las Vegas for the bachelorette weekend have more on their minds than just R&R. So why not combine the best of both worlds? The Encore at Wynn Las Vegas is home to one of The Strip's most popular daytime pool parties, the Encore Beach Club (EBC for short), as well as a top-rated spa.

The 60,000-square-foot Encore Beach Club features chaise loungers, couches, even daybeds with safes tucked underneath, as well as two levels of cabanas and soaring palm trees, all surrounding a trio of tiered pools. Hit the pool party scene one day (or night), and make a point to chill out and detox the following day at The Spa at Encore—a Fire and Ice Stone Massage, perhaps? As a bachelorette group, it's definitely worth it to contact EBC directly to make weekend party plans for your squad. It requires some front-end logistics, but the good news is that once you've arrived, everything will be smooth sailing.

EBC opens at noon Friday, Saturday and Sunday (seasonally), as well as for select nighttime pool parties known as EBC at Night; check the schedule for more details.

Room rates start at \$239/night but vary seasonally and based on availability.

#### Fun in the Sun on D.C.'s Most Colorful Rooftop

The 10th-floor rooftop and pool is the star of the show on weekends at The Embassy

Row Hotel, a chic and playful boutique property in one of the Capital's hippest

neighborhoods, Dupont Circle.

Weekend activities kick off on Fridays with half-price cocktails starting at 3 p.m. — what could be more perfect for that first celebratory toast? On Friday evenings, a Silent Disco party takes over, laying down beats to a backdrop of gorgeous city views. The focus turns to wellness on Saturday and Sunday mornings, with rooftop activities including sunrise yoga and The Embassy Row's signature "splash cycle" class — it's a spin class in the pool! Prolong that state of Zen with in-room spa treatments, or dive straight into Sunday Funday with bottomless mimosas (or bloody marys) from 11 a.m.-1 p.m.

The Embassy Row Hotel's Rooftop Package includes a \$50 credit towards food and beverage on The Rooftop (one per reservation) and 10% off all additional food and beverage purchases. Regular room rates start at \$140/night.

#### Refined Relaxation in Vail, Colorado

While winter is prime time to hit the slopes, the mountain town of Vail, Colorado, has plenty of alpine ambiance all year round—the fresh mountain air is just as rejuvenating, and at night the stars twinkle just as bright. Bride tribes who book a mountain bachelorette in the shoulder season can take advantage of rates that are half of what they would be during winter months, even at such luxe properties as the Four Seasons Resort Vail, which this summer unveiled new poolside cabanas.

All guests of the Four Seasons are treated to poolside amenities every hour, including smoothie shots, chilled fresh fruit, dessert bites or oshibori towels, to name a few. The outdoor pool is heated year round, so it's always a comfortable temp—and the towels are kept warm, too. New at the spa: an exclusive, after-hours Spa Under the Stars package that can accommodate up to 30 guests. Talk about #SquadGoals...!

Cabana day rates start at \$350; rates for Spa Under the Stars package start at \$1,995 but will depend on group size and treatments chosen. Contact the resort for more information. Off-peak room rates start at \$375/night.

#### Beachfront Bliss in Santa Monica, California

For brides-to-be who want it all—surf, sun, sand, palms, pool and spa—look west towards the charming coastal city of Santa Monica, California, located just 15 minutes north of LAX airport. While there are a few oceanfront properties to choose from, we love the fab bachelorette perks at Fairmont Miramar Hotel & Bungalows, which include a daily "Frosé Hour," with complimentary frosé (frozen rosé) for all guests at the pool between 5–6 p.m., and poolside spa services from Exhale Spa. The resort's BMW beach cruisers, which are free for guests to use, are perfect for taking a spin along Ocean Drive.

For a VIP day at the beach, make reservations at the Miramar Beach Club—beach butler service, boogie boards and beach volleyballs included. Make your last night together one to remember with an intimate, under-the-stars dinner in honor of the bride-to-be at The Kitchen at The Miramar Pool Club, a new outdoor kitchen and private event space that made its debut this summer. A fitting finale, indeed.

Frosé special runs through mid-September; contact the resort to reserve The Kitchen at The Miramar Pool Club. Room rates start at \$413/night.